Etizolam is a benzodiazepine analogue. It has gathered some popularity on the new psychoactive substance (NPS) market in the UK and Europe. It has a broadly similar pharmacological profile to benzodiazepine drugs such as diazepam. A 1mg tablet is equivalent to a 10mg diazepam (Valium) tablet, so about ten times the strength.

Brand Names:
Etilaam, Etizest, Etizola, Sedekopan, Depas, Pasadena.

Legal status:
As a prescription drug, Etizolam is unlicensed in the UK and is not controlled under the Misuse of Drugs Act.

Appearance:
Etizolam typically comes in 1mg and 2mg tablets which are often described as ‘pellets’. Its appearance can vary depending on the source of purchase. A popular brand name Etilaam sold online comes in a foil strip packet with 1mg dark blue ‘sugar pill’-sized coated tablets. There are other tablets in circulation which are lighter blue (similar to blue diazepam colour) and can display the markings EZ9. The 2mg are often small dark pink coated tablets. Tablets may also simply come loose in a zip-seal plastic bag. It is also possible to purchase in powder form, which is often white. Anecdotal reports suggest that it is rare for users to purchase the powder form in the UK.

Cost
Etizolam varies in cost, depending on the form and quantity purchased. They can range from £1 for single tablets (or in quantities less than 10), to as low as 5p per tablet at larger quantities. 100 tablets typically cost around £40. The powder form ranges from approximately £10 for 50mg, to £950 for 20 grams.

Route of administration
Etizolam is generally consumed orally, by swallowing tablets or powder placed into gel capsules. It can also be taken under the tongue. There are reports of snorting and rectal administration although this appears to be rare on the UK scene.

Dosage
<table>
<thead>
<tr>
<th>Recreational oral dose:</th>
<th>Light</th>
<th>0.5 mg</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common</td>
<td>1-2 mg</td>
<td></td>
</tr>
<tr>
<td>Strong</td>
<td>3-4 mg</td>
<td></td>
</tr>
<tr>
<td>Heavy</td>
<td>5 mg +</td>
<td></td>
</tr>
</tbody>
</table>

Onset, duration and after effects
Oral doses have an onset of 30-60 minutes and peak at 3-4 hours. The duration is generally 6-8 hours although higher doses can last longer. Usual after effects are between 1-5 hours although many users report few after effects, especially if they have had a 7-8 hour period of uninterrupted sleep after use.